



## Hinsdale Central High School Red Devils Soccer

55<sup>th</sup> and Grant Streets, Hinsdale, IL 60521

630.570.8488

Head Coach, Michael Wiggins

**Date:** Saturday, August 22, 2009  
**To:** Soccer Student-Athletes & Families  
**From:** Michael Wiggins, Soccer Coach  
**Re:** 2009 Soccer Season

On behalf of the soccer staff of coaches and the administration here at Hinsdale Central High School I'd like to WELCOME all of you to the 2009 soccer season!

I hope you find the enclosed information helpful as we attempt to give everyone all of the information you'll need to be prepared for the upcoming season. You will also find more information by visiting our website:

**[www.hcsoccer.com](http://www.hcsoccer.com)**

Included in this packet:

- Daily Schedules
- Training & Games
- 2009 Soccer Schedule
- Red Devil Soccer Parent Club
- Sportsmanship
- The Central Experience

If you have questions along the way, please contact your son's team representative. If that doesn't get you what you need, please be sure to contact me. You will find the team reps listed on the website.

Enjoy the season! Take the time to enjoy this period in your son's lives and support them to the fullest. We look forward to coaching them!

*Michael Wiggins*  
*Head Soccer Coach*  
*Hinsdale Central High School*

## Hinsdale Central Red Devils Soccer

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### **Daily Schedules**      *(please note these are subject to change)*

#### ***Non-Varsity Levels (Freshman, Sophomore, Junior Varsity)***

The preseason schedule typically runs from 8am-12noon for these levels. Once the season starts, weekday practices begin at 3:30pm, and will run for at least 90 minutes, depending on the team.

#### ***Varsity***

The Varsity will meet mornings and afternoons during preseason, with an occasional evening scrimmage. Regular season training times will vary, with weekday practices beginning at 3:30pm.

*\*All players should be prepared for a daily schedule that is subject to change from day to day, with some sessions going as planned and others being cancelled due to weather, meetings, etc.*

### **Training & Games**

#### ***Training***

Every player will need to provide his own shoes for training. In the past, players have not taken pride in the shoes they have and have often come to preseason tryouts with shoes that were falling apart or with no shoes at all. It is suggested that each player have the following, but certainly not mandatory:

- 1 pair of running shoes
- 1 pair of molded sole soccer shoes
- 1 pair of replaceable soccer shoes for wet fields

#### **- - Important!**

The following item of equipment is MANDATORY for participation, and your son has been reminded of this several times:

- 1 pair of NOCSAE approved shinguards

**Also, DO NOT PURCHASE NEW SHOES AND WEAR THEM IMMEDIATELY WITHOUT BREAKING THEM IN. THIS WILL CAUSE FOOT PROBLEMS. BREAK IN YOUR SHOES WELL IN ADVANCE OF PRESEASON.**

We will be wearing practice gear for the season. The practice gear for the season will include a shirt, shorts, and a pair of socks.

#### ***Games***

Players travel to and from away games together on the bus. This is a part of the team experience. There may be a time when a player has an emergency where the parents need to take them from a game, but this will rarely happen, and players should expect to be picked up by the swimming pool doors (Entrance #5) off of Grant Street upon arrival of the team bus.

Upon the conclusion of any given game home or away, friends and family should allow for the players to have time with the coach before they leave any given game home or away.

### **2009 Soccer Schedule**

The 2009 soccer schedule for all levels can be found by visiting the athletic department website. This address is: <http://www.athletics2000.com/hinsdalecentral/>

### **Red Devil Soccer Parent Club**

The Red Devil Soccer Parent Club serves as the support behind our student-athletes in many of the areas that enhance our program. Listed below are several of the support positions that make our high school program among the very best in Illinois.

### **Team Representatives '09**

Team representatives serve as the information source for families and parents to turn to. Questions often arise throughout the course of the year, and team reps can easily stay informed by the coach, and pass on necessary information. Team representatives may be asked to assist in phone calling trees, or just assist in finding additional help among families within the organization. You can find the names of these individuals on our website.

### **Concessions**

The varsity home games are held at Centennial Field, and the Concession Stand is conveniently located inside the halftime house, at the north end of the field, so that you can watch a game while assisting friends and families with selected items such as candy, water, sport drinks, etc.

### **Pasta Parties**

These are coordinated through each team representative, and are typically held in the homes of the kids on the teams. Families interested in hosting one should contact their team rep.

### **Spirit Wear**

Any available spirit wear items available can be obtained early on through team representatives.

### **Senior Player Parent Day (September 26, 2009 vs. Naperville Central)**

Preparation for senior day typically comes from a junior parent (with help from the Senior player parents), in an effort to make our Senior Player Parent Day a special one.

### **Banquet (November 10, 2009)**

Each year in November, our soccer program hits the road to a banquet hall to recognize the efforts of our student athletes. The 2009 Boys Soccer Banquet is scheduled to take place on November 10, 2009, at the Hinsdale Community House beginning at 6:30pm, with dinner being served at 7pm.

### **Pictures**

Team representatives will be looking for a volunteer to take pictures for each team throughout the course of the season. It is such a tremendous gift for the kids at the end of each season to see the ups and downs of a rewarding experience, memories that they take with them forever.

### **Sportsmanship**

In the fall of 2006, an IHSA licensed official took the time to submit a report regarding the good sportsmanship demonstrated by our fans, student-athletes and coaches in a game. It is recognition by an independent observer (an official), who recognized the very deliberate efforts of the boys soccer program here at Hinsdale Central, to demonstrate good sportsmanship, and something we have taken great pride in.

In another very proud instance, the Hinsdale Central Soccer Program was recognized for its sportsmanship as the runner up for the Illinois High School Soccer Coaches Association Myro Rys Sportsmanship Award in 2006. It is with great pride that we share these facts with you, because sportsmanlike behavior is demonstrated by everyone in our program. Coaches, players, parents, and everyone associated are involved. Please be proactive in making sure that you play a major role in seeing this continue!

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The Central Experience

## Hinsdale Central Red Devils Soccer

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1975 IHSA State Champions  
1975 & 2007 IHSA State Finals  
2004 NSCAA National Top Twenty-Five

\* \* \* \* \* **THE STAR** \* \* \* \* \*

**Character \* Communication \* Pride \* Responsibility \* Trust**

Hinsdale Central High School and its athletic tradition are legendary. There's only one other school in the IHSA that can claim more overall state championships in the history of Illinois scholastic competition. The Red Devil soccer program can claim a part of this rich athletic tradition, with its 1975 Soccer State Championship under Coach Dick Ohl.

The 1975 Soccer State Championship rewarded the program with its only star to date, yet the star gives the student athletes more than just the direct connection to a very proud athletic tradition. It serves as a constant reminder that the student athlete who competes in the soccer program here at Hinsdale Central, can be a **champion** regardless of the season completed.

The Star represents the areas of **Character, Communication, Pride, Responsibility and Trust**. Each team with the Red Devil program has a collection of potential "stars". The student athletes each carry with them the ability to be great, to be a "star", one that can truly shine.

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*"I am extremely proud to be able to say that I was a Red Devil soccer player. For those four years, nothing made me more proud than putting on that jersey and fighting for my team, my friends, and most importantly my school.....I learned things at Central that a lot of great players never figure out. I learned the importance of never being late, being responsible for your actions, and how to become a leader. The one thing that I feel is the most important value Central taught me is what it feels like to care more about your teammates than yourself. It's hard to beat a team full of kids who understand that. I would tell any incoming Red Devils two things: base everything you do around hard work because you'll get no where without it, and just have fun every time you play."*

*~Brian Collins, Hinsdale Captain (2005 & 2006)*

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Welcome to the Hinsdale Central Boys High School Soccer Program. The ability to become a champion awaits you, and we hope you enjoy "The Central Experience".

Yours in Soccer,

**Michael Wiggins**